

# THE LCA "I AM JAGUAR" PROGRAM

## ➔ Benefits of the Yearround Families:

The "I AM JAGUAR" is part of the LCA Program a Self-Actualization and Communication Program that addresses the dynamics that lead to miscommunication, aggression, and violence and gun violence. by learning the LCA Discovery "I AM JAGUAR" curriculum students use Mayan indigenous teachings to fulfill their talents and potentialities. The program also incorporates LCA's social-emotional learning "JAGUAR" program and the understanding of nonviolent communication techniques, self-respect, and how to de-escalate intense situations, it will help encourage healthier relationships and outcomes at home and school.

The program utilizes evidence-based interventions with individuals at the highest risk of experiencing or perpetrating community violence.

The leadership pathway allows parents to identify their true passion, life and family goals, and journey. It incorporates social change and self-discovery goals so they may fully lead and contribute to building a more equitable, and prosperous future.

The program allows parents to work on a variety of projects, including enhancing the program with their lived experiences and tracing the history of their family roots to understand their ancestor's journeys. Understanding trauma, attachment to trauma, and violence that impacts family are part of the healing process the program emphasizes.

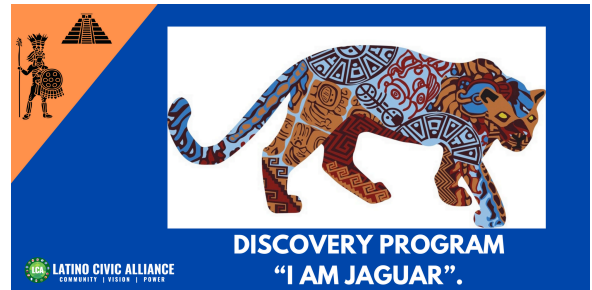
## ➔ Benefits of the Year-round Family Program:

Parents will acquire social emotional learning and communication tools allowing them to establish a mutual dialogue and be involved with their children and create balanced healthy relationships.

Learn the challenges their children may be experiencing to offer them effective coping skills and open communication with parents.

Parent support groups & and healing circles to share lived experiences and support one another to build a stronger community network.

## I AM JAGUAR. <sup>TM</sup> CHANGE STARTS WITH YOU.



The LCA I AM JAGUAR Leadership Program for Parents and family members offers proactive communication, de-escalation and conflict resolution techniques and builds strong families that make communities thrive.

By leveraging effective communication tools, a Spanish-speaking staff, and a culture-infused approach, community members will learn how to improve familial relationships, with peers and vision and build their professional careers to include workforce development and apprenticeship programs or college education.

Latino Civic Alliance (LCA) program serves in Washington State and northwest surrounding states.

The program participants receive wrap-around licensed behavioral health and family support services.

## For more information and opportunities contact info:

**206.402.3677 or 509.361.6250**

## SERVING:

**Burien, White Center, Federal Way, Renton, Skyway, Kent, Auburn, Everett, Marysville, Monroe, Spokane, Moses Lake, Quincy, Ephrata and surrounding areas.**

**[info@latinocivicalliance.org](mailto:info@latinocivicalliance.org)  
[www.latinocivicalliance.org](http://www.latinocivicalliance.org)**